

"Enjoying learning and school life"

PSHE – RSE letter

Dear Parents and Carers

As part of your child's education at Oaklands School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to let you know that, Oaklands School will implement a new PSHE-RSE Curriculum Framework. As part of our broad approach to PSHE, Primary classes will focus on Relationships and Health Education, and Secondary classes will focus on Relationships, Sex and Health Education. The PSHE Curriculum includes learning about Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly.

Please visit the school's website <u>https://www.oaklands-school.co.uk/</u> to view our PSHE-RSE Policy which offers detailed information about our approach to PSHE-RSE learning.

All PSHE-RSE teaching and learning takes place in a safe learning environment and is underpinned by our school ethos and values. There are Year Plans for PSHE-RSE and this will be available for parents to view and comment on.

Oaklands abides to statutory guidance which specifies that:

For primary pupils, parents do not have the right to withdraw their children from Relationships Education.

For secondary pupils, parents have the right to withdraw their children from the non-

Oaklands School, Norgate House, Tealgate, Charnham Park, Hungerford, Near Newbury, West Berkshire, RG17 0YT



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statutory/non-science components of sex education within RSE up to and until 3 terms before the child turns 16 years old. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

Requests for withdrawal should be put in writing using the 'Oaklands – Relationships and Sex Education – Secondary – Parental Withdrawal Request Form' and be addressed to the Headteacher.

A copy of withdrawal requests will be placed in the pupil's educational record. The Headteacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from sex education.

The Department for Education has prepared a Guide for Parents which gives an overview for Relationships Education (Primary) and Relationships and Sex Education (Secondary) which we are sending to you with this letter.

Parental engagement is important to us, and we aim to provide accessible and clear information. We welcome your views and ask that you get in touch with your child's teacher if you have any questions or if you would like to share ideas and views with us.

Yours sincerely,

Georgios Chatzakis

Headteacher (Acting) Oaklands School - Hungerford georgios.chatzakis@oaklands-school.co.uk

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